From: Pawlowski, Dana HLTH:EX
Sent: April 8, 2019 2:17 PM
To: Freeborn, Kara EDUC:EX

Subject: Canada's Food Guide Presentation & Discussion

Attachments: CFG deck_PT outreach_ April 2019.pdf

Importance: High

Hi Kara,

Attached is the CFG slide deck for the meeting right now.

Thanks,

Dana Pawlowski | Administrative Assistant Ministry of Health | Population and Public Health Office of the Provincial Dietitian PO box 9646 STN Prov Gov | Victoria BC | V8W 9P1 Ph: (778) 974-4086

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From: Beddall, Scott EDUC:EX Sent: July 2, 2019 1:46 PM

To: Freeborn, Kara EDUC:EX; Winship, Katy EDUC:EX

Subject: Healthy Schools BC e-Update

Attachments: July 2019 e-Update - HSBC Working Group.docx

FYI – a couple of items in there related to food policy/food guide....

Scott Beddall | Director, Wellness and Safety

he/him/his Learning Division | Ministry of Education 620 Superior St | Victoria BC | V8V 1V2 250-514-4961

Healthy Schools BC Working Group

e-Update July 2019

The **Ministry of Mental Health and Addictions** has released <u>A Pathway to Hope: Better access to mental health and addictions care.</u>

A Pathway to Hope lays out government's 10-year vision for mental health and addictions care that gets people the services they need in order to tackle problems early on and support their well-being. It identifies the priority actions government will take over the next three years to help people immediately and reduce demand on services down the road. The focus is on supporting the wellness of children, youth and young adults, supporting Indigenous-led solutions and improving access and quality of care. The roadmap will also build on the ongoing work to address the overdose crisis by starting to establish improved systems of addictions care.

Additional information is available here: https://news.gov.bc.ca/releases/2019PREM0078-001333.

The revised **Canadian Guidelines for Sexual Health Education** and evaluation tool are live on the SIECCAN website https://sieccan.org/.

You can access the media release at this link:

https://www.newswire.ca/news-releases/canadian-guidelines-for-sexual-health-education-2019-released-874846564.html

The new Guidelines are the result of a collaborative effort between SIECCAN, the members of the Working Group (JCSH was a member) and a Reviewer Group.

If you have questions or comments, there is a process to respond on the SIECCAN website

The Government of Canada has launched the first-ever **Food Policy for Canada**. Additional information is available here: https://www.canada.ca/en/agriculture-agri-food/news/2019/06/everyone-at-the-table-government-of-canada-announces-the-first-ever-food-policy-for-canada.html

Canada's Food Guide Snapshot is now available in 28 languages. The Food Guide's healthy eating recommendations are now also accessible and useful for people living in Canada who speak languages other than English or French, including Indigenous Peoples, ethnic groups and newcomers to Canada.

The Snapshot is now available in the following additional languages: *Indigenous* – Dene, Michif, Ojibwe, Oji-Cree, Plains Cree, Inuinnaqtun, Inuktitut (Baffin), Inuktitut (Nunavik), Inuktitut (Nunatiavut) *Other* – Arabic, Traditional Chinese, Farsi, German, Hindi, Italian, Korean, Simplified

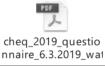
Chinese (Mandarin), Polish, Portuguese, Punjabi, Russian, Spanish, Tagalog, Tamil, Urdu, Vietnamese

Please take a moment to explore the Food Guide Snapshots and share the news.

The Childhood Experiences Questionnaire (CHEQ)

The Human Early Learning Partnership (HELP) at UBC has developed the Childhood Experiences Questionnaire that captures and reports on children's experiences in their early environments. Information reported by parents and caregivers on the CHEQ helps communities understand how to support children and families prior to Kindergarten; it also helps schools with individual, classroom and school planning.

The questionnaire is attached, and additional information is available at: http://earlylearning.ubc.ca/cheq/.



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From: Laframboise, Natalie HLTH:EX
Sent: November 20, 2019 11:42 AM
To: Freeborn, Kara EDUC:EX

Subject: RE: MLA Bullets - MLA Bowinn Ma - Guidelines for Food & Beverage Sales

Attachments: School Food Guidelines Key Messages.docx

Hi Kara,

Attached are our key messages.

Cheers Natalie

Natalie Laframboise, MScFN, RD Manager, Office of the Provincial Dietitian

From: Freeborn, Kara EDUC:EX < Kara. Freeborn@gov.bc.ca>

Sent: November 19, 2019 2:18 PM

To: Laframboise, Natalie HLTH:EX < Natalie.Laframboise@gov.bc.ca>

Subject: FW: MLA Bullets - MLA Bowinn Ma - Guidelines for Food & Beverage Sales

Hi Natalie,

Do you have any bullets on this subject?

Thanks, Kara

From: Carter-Sullivan, Danielle S EDUC:EX < Danielle.CarterSullivan@gov.bc.ca >

Sent: November 19, 2019 1:46 PM

To: Freeborn, Kara EDUC:EX < Kara. Freeborn@gov.bc.ca>

Cc: Gibbs, Lisa EDUC:EX <Lisa.Gibbs@gov.bc.ca>; Beddall, Scott EDUC:EX <Scott.Beddall@gov.bc.ca>

Subject: FW: MLA Bullets - MLA Bowinn Ma - Guidelines for Food & Beverage Sales

Hi – can you please work with Natalie at Health on the request below. Scott – looping you in as this is also a task in the OAG-HEPA recommendations.

D.

From: Gibbs, Lisa EDUC:EX < Lisa. Gibbs@gov.bc.ca >

Sent: November 19, 2019 1:09 PM

To: Carter-Sullivan, Danielle S EDUC:EX < Danielle.CarterSullivan@gov.bc.ca >; Calleberg, Angie EDUC:EX

<Angie.Calleberg@gov.bc.ca>

Cc: Wilkerson, Stacey L EDUC:EX <Stacey.Wilkerson@gov.bc.ca>; Gordon, Stephanie EDUC:EX

<Stephanie.Gordon@gov.bc.ca>

Subject: FW: MLA Bullets - MLA Bowinn Ma - Guidelines for Food & Beverage Sales

Hi ladies,

I'm not sure whose portfolio this falls under anymore, can you let me know?

Sending the email below as an FYI. We will be sending a formal cliff and eApp down to one of you to action.

In terms of the factsheet, we can attach the current one from the summer update. These are all saved in CM9. Kara or Steph can help if you cannot remember how to find them.

Lisa

From: Charlton, Julie EDUC:EX < Julie. Charlton@gov.bc.ca>

Sent: November 19, 2019 11:56 AM

To: Gibbs, Lisa EDUC:EX < Lisa. Gibbs@gov.bc.ca >

Cc: Gordon, Stephanie EDUC:EX <Stephanie.Gordon@gov.bc.ca>; Biel, Maia EDUC:EX <Maia.Biel@gov.bc.ca>

Subject: MLA Bullets - MLA Bowinn Ma - Guidelines for Food & Beverage Sales

Hi Lisa. MLA Ma (North Vancouver-Lonsdale) contacted MO as she met with some local high school students last week. The topic was updating the provincial <u>Guidelines for Food & Beverage Sales in B.C. Schools</u> to reflect the newest version of the Canada Food Guide (published earlier this year). It appears the most recent version of the Food & Beverage Sales guidelines are from 2015. Is this something the Ministry is looking at?

I know the fact sheets are getting updated so if you have a more recent version and pull some bullets referencing updates, that would be ideal.

If we could get some bullets by Tuesday, November 26, that would be appreciated. Maia will set up eAp and CLIFF # shortly.

Many thanks!

Julie Charlton | Manager, Executive Operations
Deputy Minister's Office | Ministry of Education
m: (250) 216-7142 e: Julie.Charlton@gov.bc.ca

School Food Guidelines Key Messages

- With the release of Canada's new food guide, the Ministries of Health and Education have
 worked to identify school nutrition policies and resources that may require updating to ensure
 alignment with current nutrition standards including the *Guidelines for Food & Beverage*Sales in B.C. Schools (the Guidelines) and the related School Meal and School Nutrition
 Program Handbook.
- Health Canada is currently determining what further dietary guidance may be released for
 health professionals and policy makers to support specific populations and settings, including
 schools. In addition, the Provincial Territorial Group on Nutrition, a Provincial/Territorial
 committee supporting national nutrition policy and promotion initiatives, has formed a working
 group to develop nutrition standards based on the new food guide to inform healthy eating
 guidelines and resources, including those specific to school settings.
- While awaiting further dietary guidance, the Ministries of Health and Education are in the initial
 phase of evaluating the current school food environment to understand how the Guidelines are
 used in practice and what resources are needed to continue to support a healthy school food
 culture.
- During this transition, the Guidelines for Food & Beverage Sales in B.C. Schools should continue
 to be applied in their current form. For more information about the guidelines, visit HealthLink
 BC.

From: Winship, Katy EDUC:EX

Sent: January 24, 2019 2:16 PM

To: Freeborn, Kara EDUC:EX

Subject: New Canada Food Guide

Just background fyi, don't foresee it shifting anything in out project – ive just been skimming the info

https://www.canada.ca/en/health-canada/services/canada-food-guide/resources/resources-download.html

Katy Winship | Sr Policy Analyst, Strategic Priorities

she/her/hers Learning Division | Ministry of Education 620 Superior St | Victoria BC | V8V 1V2 250.216.6195

From: Carter-Sullivan, Danielle S EDUC:EX

Sent: March 14, 2019 1:08 PM
To: Freeborn, Kara EDUC:EX

Subject: RE: Canada's Food Guide Presentation & Discussion

Please do – and can you please check with Christie just to make sure you can go – and maybe let Scott know as well because then you can go, take notes and advise us on what you learned. D.

From: Freeborn, Kara EDUC:EX Sent: March 14, 2019 11:59 AM

To: Winship, Katy EDUC:EX; Carter-Sullivan, Danielle S EDUC:EX **Subject:** RE: Canada's Food Guide Presentation & Discussion

Now that I'm sticking around I would like to go.

Kara

From: Winship, Katy EDUC:EX Sent: March 12, 2019 12:44 PM

To: Carter-Sullivan, Danielle S EDUC:EX < Danielle.CarterSullivan@gov.bc.ca>; Freeborn, Kara EDUC:EX

<Kara.Freeborn@gov.bc.ca>

Subject: RE: Canada's Food Guide Presentation & Discussion

I'm still fingers crossed to be on vacation that day, but if I'm in the office I'd be happy to go.

Katy Winship | Sr Policy Analyst, Strategic Priorities

she/her/hers Learning Division | Ministry of Education 620 Superior St | Victoria BC | V8V 1V2 250.216.6195

From: Carter-Sullivan, Danielle S EDUC:EX

Sent: March 12, 2019 9:22 AM

To: Winship, Katy EDUC:EX <Katy.Winship@gov.bc.ca>; Freeborn, Kara EDUC:EX <Kara.Freeborn@gov.bc.ca>

Subject: FW: Canada's Food Guide Presentation & Discussion

Heads up - we can see who should go. Dani

From: Godfreyson, Andrea HLTH:EX Sent: March 11, 2019 12:43 PM

To: Herman, Matt HLTH:EX < Matt. Herman@gov.bc.ca>; Robinson, Jonathan M HLTH:EX

<Jonathan.Robinson@gov.bc.ca>; Henry, Bonnie HLTH:EX <Bonnie.Henry@gov.bc.ca>; Emerson, Brian P HLTH:EX <Brian.Emerson@gov.bc.ca>; Webster, Glenys HLTH:EX <Glenys.Webster@gov.bc.ca>; Chandler, Breanna HLTH:EX <Breanna.Chandler@gov.bc.ca>; Miramontes, Lara HLTH:EX <Lara.Miramontes@gov.bc.ca>; Sidaway-Wolf, Daphne HLTH:EX <Daphne.SidawayWolf@gov.bc.ca>; Bedford, Sue HLTH:EX <Sue.Bedford@gov.bc.ca>; McLachlan, Debbie HLTH:EX <Debbie.McLachlan@gov.bc.ca>; Cramb, Lorrie HLTH:EX <Lorrie.Cramb@gov.bc.ca>; Gibson, Shannon HLTH:EX <Shannon.Gibson@gov.bc.ca>; Hrycuik, Lorie AGRI:EX <Lorie.Hrycuik@gov.bc.ca>; Carter-Sullivan, Danielle S EDUC:EX <Danielle.CarterSullivan@gov.bc.ca>; Yorish, Yasmin (HC/SC)' <yasmin.yorish@canada.ca>; Yandel, Margaret HLTH:EX

<<u>Margaret.Yandel@gov.bc.ca</u>>; Drake, Joanna HLTH:EX <<u>Joanna.Drake@gov.bc.ca</u>>; Laframboise, Natalie HLTH:EX <Natalie.Laframboise@gov.bc.ca>; Docking, Christie M HLTH:EX <Christie.Docking@gov.bc.ca>

Cc: Day, Meghan HLTH:EX < Meghan.Day@gov.bc.ca > **Subject:** Canada's Food Guide Presentation & Discussion

Good afternoon,

With the recent release of Canada's food guide, Dr. Hasan Hutchinson, Special Advisor on Nutrition to the Assistant Deputy Minister of the Health Products and Food Branch at Health Canada, will be coming to B.C. to engage with stakeholders.

Hasan led the revision of Canada's food guide as previous Director General of the Office of Nutrition Policy and Promotion and will be presenting on the process undertaken to inform the new dietary guidance, including the evidence review and engagement process as well as key considerations in the development of the guidance such as health inequities and environmental impacts. There will be opportunity for questions and discussion, including on potential policy implications for B.C. and next steps for integration and implementation.

Date: April 8th, 2019

Time: 2-4pm

Location: Saturna room, 1515 Blanshard St, Victoria

A calendar invite will follow along with teleconference details for those who may not be able to attend in person. Feel free to send a delegate if you wish to attend but are unavailable.

Please reach out with any questions you may have.

Warm regards, Andrea

Andrea Godfreyson, RD

Manager, Office of the Provincial Dietitian Population and Public Health | Ministry of Health

Office: (778) 974-3089 Mobile: (778) 875-7953

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The dark side of Canada's new food guide — many Canadians can't follow it | CBC News Page 1 of 9

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School District offers free lunch program for all students

Ashcroft Cache Creek Journal Wednesday, October 30, 2019

By Barbara Roden