

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 31, 2018 8:11 PM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: UPDATED -- NR_FAST_funding_Jul26_938am

What do they mean by Asian and South Asian. What is Asian in this context?

On Jul 31, 2018, at 8:02 PM, van Baarsen, Amanda HLTH:EX <Amanda.vanBaarsen@gov.bc.ca> wrote:

you like this draft?

Sent from my Samsung Galaxy smartphone.

----- Original message -----

From: "Anderson, Kristy GCPE:EX" <Kristy.Anderson@gov.bc.ca>
Date: 2018-07-31 5:56 PM (GMT-08:00)
To: "Thistle-Walker, Carlene GCPE:EX" <Carlene.ThistleWalker@gov.bc.ca>, "van Baarsen, Amanda HLTH:EX" <Amanda.vanBaarsen@gov.bc.ca>
Subject: Re: UPDATED -- NR_FAST_funding_Jul26_938am

Here it is in the body of an email. If he is opening on a pc it will look weird.

Helping people act FAST to recognize the signs of stroke

VICTORIA - If you spot one of the signs of stroke: facial drooping, trouble raising both arms or slurred speech, it's time to call 9-1-1 right away. That's the life-saving message being supported with \$1.5 million provided by the Ministry of Health to Heart & Stroke's FAST (Face, Arms, Speech and Time) signs of stroke campaign.

"Improving people's awareness of stroke will have a tangible impact on improving the health of British Columbian families," said Adrian Dix, Minister of Health. "People of any age or walk of life can have a stroke. The more people we support to think FAST, the greater chance people who do have a stroke will receive the time-sensitive care they need."

In B.C., someone has a stroke every 80 minutes. It is the leading cause of acquired long-term disability, one of the leading causes of dementia, and the third leading cause of death in British Columbia. A stroke occurs when there is a disruption of blood supply to the brain, and if this supply is not restored quickly, the affected part of the brain dies, causing disability or death. Every minute without oxygen after a stroke, 1.9 million brain cells die.

This expanded support from the Ministry of Health will help Heart & Stroke continue its signs of stroke awareness campaign throughout the province. The annual campaign, now in its fourth year, will reach British Columbians in various ways,

including traditional media, social media and outdoor advertising such as digital superboards. It will also add to the over 500 FAST decals on ambulances, and place posters in workplaces, community centres and health-care facilities.

The campaign highlights how all British Columbians can recognize and react to the signs that someone is having a stroke, and it will expand to include a focus on the South Asian and Asian communities. Heart & Stroke partnerships with organizations such as Fruiticana grocery stores and the Punjabi Press Club of BC will give a jump start to the campaign and help bring this vital message to the South Asian community.

“We are very grateful for the provincial government’s support of the FAST campaign,” said Adrienne Bakker, CEO of Heart & Stroke, B.C. and Yukon. “Through this partnership, we will continue to build on the progress we have made in raising stroke awareness, and improving recovery outcomes for people. Over the campaign’s three-year duration, the proportion of people who can name two or more major signs of stroke has increased from 14% to 53%.”

“Many people, including those in the South Asian community of which I am a member, do not know what a stroke is or understand common signs of stroke,” said Dr. Preet Chahal, stroke neurologist with the Royal Columbian Hospital acute stroke team. “I am very excited to see the FAST campaign being used to help raise awareness of the signs of stroke to enable patients to seek treatment faster, so that we can help save lives and minimize the long term effects of stroke.”

Approximately 8,100 people are admitted to hospital with stroke or a transient ischemic attack, also known as a temporary stroke, throughout the province annually. Fortunately, British Columbia has the lowest stroke mortality rate in the country.

A number of factors can increase the chance of stroke, including high blood pressure, being overweight, eating an unhealthy diet, physical inactivity, smoking and excessive alcohol consumption. The Ministry of Health’s health promotion strategy helps encourage British Columbians to develop healthier habits and live an active life in order to reduce those risks. These include programs aimed at decreasing tobacco use, increasing opportunities for physical activity, encouraging moderation when drinking alcohol, supporting healthy eating and promoting healthy body weights.

Learn more:

For more information on the FAST campaign, please visit:

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For more information on stroke, including risk factors and prevention, please visit:

<https://www.heartandstroke.ca/stroke/risk-and-prevention>

For more information on British Columbia’s stroke services, please visit:

<http://www.phsa.ca/our-services/programs-services/stroke-services-bc>

Contact:

Ministry of Health Communications
250 952-1887 (media line)

Connect with the Province of B.C. at: news.gov.bc.ca/connect

Kristy Anderson
778.678.5200

On Jul 31, 2018, at 5:16 PM, Thistle-Walker, Carlene GCPE:EX
<Carlene.ThistleWalker@gov.bc.ca> wrote:

Caught a reference to Foundation that someone slipped in. Updated attached. Let me know if this is good to go.

Carlene Thistle-Walker | Communications Manager
Government Communications & Public Engagement
B.C. Ministry of Health

Tel: 250.952.1644 | Mobile: 250.812.3291 | email: carlene.thistle-walker@gov.bc.ca

From: Thistle-Walker, Carlene GCPE:EX
Sent: Tuesday, July 31, 2018 5:12 PM
To: van Baarsen, Amanda HLTH:EX
Cc: Anderson, Kristy GCPE:EX
Subject: UPDATED -- NR_FAST_funding_Jul26_938am

How is this? The Heart and Stroke Foundation has rebranded and is now known only as Heart & Stroke. (I tried to change it to foundation when I first saw it too).

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<NR_FAST_funding_Jul31 510 pm.docx>

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 31, 2018 4:44 PM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: Helping people act FAST to recognize the signs of stroke

We are expanding support and should say that in the paragraph that talks about the campaign's fourth year.

The first paragraph should refer to the "Heart and Stroke Foundation" which I think is the official name. (drop the decal sentence. Nothing wrong with that but it doesn't require its own sentence.)

And the reference to "large ethnic populations" i don't like much. We can rephrase that with a focus on language and not ethnicity. We want to communicate the message and ensure everyone understands basic life-saving information. The Fruiticana and Punjabi Press club sentence is great.

From: van Baarsen, Amanda HLTH:EX
Sent: Tuesday, July 31, 2018 1:37 PM
To: Dix, Adrian HLTH:EX; 'Dix, Adrian'
Subject: FW: Helping people act FAST to recognize the signs of stroke

How do you feel about this release? Good to go?

From: Thistle-Walker, Carlene GCPE:EX
Sent: Tuesday, July 31, 2018 1:37 PM
To: van Baarsen, Amanda HLTH:EX
Subject: Helping people act FAST to recognize the signs of stroke

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Carlene Thistle-Walker | Communications Manager
Government Communications & Public Engagement
B.C. Ministry of Health

Tel: 250.952.1644 | Mobile: 250.812.3291 | email: carlene.thistle-walker@gov.bc.ca

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 31, 2018 4:36 PM
To: Dycke, Cassandra HLTH:EX
Subject: Re: Approval: MD + Fournier Letters for Signature_JULY 31

They look fine.

From: Dycke, Cassandra HLTH:EX
Sent: Tuesday, July 31, 2018 11:47 AM
To: Dix, Adrian HLTH:EX
Subject: FW: Approval: MD + Fournier Letters for Signature_JULY 31

These letters have been sent to Lucinda to be prepared for your signature in order to meet a short deadline. (The Quebec election is October 1st, 2018 and the writ will soon be dropped. Consequently, the three letters must be signed by both Ministers before mid-August to ensure recipients obtain their funding.)

Attached is an advance copy with translation and IN for your review.

Kassandra Dycke
Office 250-953-3584 | Cell 778-678-3776
kassandra.dycke@gov.bc.ca

Three projects have been approved by senior officials under the Agreement for cooperation and exchange between the government of Quebec and the government of British Columbia with respect to the Francophonie.

As per past years, congratulations letters are being signed by both Ministers. Letters have been prepared for Minister Dix and Minister Fournier.

Attached are:

1. The French letters
2. An English courtesy translation
3. Information Note on the Agreement.

The letters need to be sign by MD and sent to Quebec for Minister Fournier's signature at the earliest given that the Québec election is on October 1st, and the writ will soon be dropped, we have been advised that Minister Fournier will not be able to sign the letters after mid-August.

Please note:

- One letter has the BC logo on the top right and MD's signature on the bottom right of the page, while the others letters have them on the left. This is not a mistake. This was done on purpose because the Quebec letter writing standards places the logo and signature of Quebec funds' recipient on the left side to visually indicate the province in which the funds are allocated.
- The title of MD doesn't not include « en C.-B. »; Quebec letter writing standards states is that the name of the province or territory is not mentioned in the title of Ministers.

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 31, 2018 3:43 PM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: HLTH Media Request: St Paul's seniors/dementia ptn petition

Work on a better statement. More comprehensive and detailed on the positive. Respectful of the petition.

From: van Baarsen, Amanda HLTH:EX
Sent: Tuesday, July 31, 2018 3:38 PM
To: Dix, Adrian HLTH:EX
Subject: RE: HLTH Media Request: St Paul's seniors/dementia ptn petition

You can absolutely speak to them, but I can't guarantee Linda won't repetitively ask you that question.

Do you want to? Or would you like to amend the statement to include your additions below?

From: Dix, Adrian HLTH:EX
Sent: Tuesday, July 31, 2018 3:37 PM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: HLTH Media Request: St Paul's seniors/dementia ptn petition

s.13

Adrian

From: van Baarsen, Amanda HLTH:EX
Sent: Tuesday, July 31, 2018 3:15 PM
To: Dix, Adrian HLTH:EX
Subject: RE: HLTH Media Request: St Paul's seniors/dementia ptn petition

s.22

I think it's probably best to send a statement.

From: Dix, Adrian HLTH:EX

Sent: Tuesday, July 31, 2018 3:12 PM

To: van Baarsen, Amanda HLTH:EX

Subject: Re: HLTH Media Request: St Paul's seniors/dementia ptn petition

Happy to do an interview on Seniors care and dementia care.^{s.13} They have to accept that i
can't talk about individual patients for privacy reasons. They need to agree not to keep asking about
something I can't answer legally on a particular case.

Adrian

From: van Baarsen, Amanda HLTH:EX

Sent: Tuesday, July 31, 2018 2:50 PM

To: 'Dix, Adrian'; Dix, Adrian HLTH:EX

Subject: RE: HLTH Media Request: St Paul's seniors/dementia ptn petition

Just checking in again on this one.

From: van Baarsen, Amanda HLTH:EX

Sent: Tuesday, July 31, 2018 1:03 PM

To: 'Dix, Adrian'; Dix, Adrian HLTH:EX

Subject: FW: HLTH Media Request: St Paul's seniors/dementia ptn petition

CKNW is asking us to speak to dementia support, after a petition circulated focusing on one patient.

s.13

From: Heinze, Laura R GCPE:EX

Sent: Tuesday, July 31, 2018 12:59 PM

To: van Baarsen, Amanda HLTH:EX

Cc: Yeung, Lucinda HLTH:EX; Singh, Jasmyn HLTH:EX; Booth, Kristen GCPE:EX; Forbes, Brooke GCPE:EX; Heinze, Laura

R GCPE:EX; Anderson, Kristy GCPE:EX; Lawrie, Hannah GCPE:EX; Li, Jessica P GCPE:EX; May, Stephen GCPE:EX; Peaker, Alex GCPE:EX; Shepherd, Brent GCPE:EX; Shewchuk, Chris GCPE:EX; Thistle-Walker, Carlene GCPE:EX

Subject: HLTH Media Request: St Paul's seniors/dementia ptn petition

Hi Amanda,

CKNW's Linda Steele show has put in a request for the Minister to speak about the case/petition that they had on last week on the senior with dementia who was treated at St Paul's last year.

I have let them know that this is not something that he could really do, as he would not be able to comment at all on the specific patient case. They do understand that, but would still like a statement of some sort.

We have a draft below for consideration. This is still waiting for final sign off, but wanted to get to you as their deadline is mid afternoon. I've also attached an IN from PHC on this case.

Let me know if any questions. Thx

Laura

Reporter

Alan Regan, Producer
CKNW AM 980
alan@cknw.com
778-957-1233

Deadline ASAP

Request

Looking for the minister to come on to talk about the petition (<https://www.change.org/p/support-change-for-dementia-patients-in-canadian-hospitals>) that a man has initiated to the federal and provincial governments, urging them to "ensure our health system is equipped to deal adequately and humanely with the 400,000 seniors living with dementia in our country"

This follows his mother being treated at St Paul's last year, and receiving what he deems inappropriate care for a dementia patient.

would also take a statement.

Background

Recommendation

s.13

Page 12 of 57

Withheld pursuant to/removed as

s.13

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 31, 2018 2:54 PM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: IN_OSA Residential Care and Hospital Visits July 30 2018 DRAFT

s.13

On Jul 31, 2018, at 2:53 PM, van Baarsen, Amanda HLTH:EX <Amanda.vanBaarsen@gov.bc.ca> wrote:

She didn't tell me her plan until after the media advisory had already gone out, or I'd've brought the timing up.

From: Dix, Adrian HLTH:EX
Sent: Tuesday, July 31, 2018 2:50 PM
To: van Baarsen, Amanda HLTH:EX
Cc: Dix, Adrian; Singh, Jasmyrn HLTH:EX; Yeung, Lucinda HLTH:EX
Subject: Re: IN_OSA Residential Care and Hospital Visits July 30 2018 DRAFT

Well how could this happen is my question? It is happening one hour before my only media event in the four week period. Last two weeks next two weeks. And it is not as if I was committed to the date

Adrian

On Jul 31, 2018, at 2:43 PM, van Baarsen, Amanda HLTH:EX <Amanda.vanBaarsen@gov.bc.ca> wrote:

Set to go online at 9am tomorrow is a new report by Isobel.

She put a media advisory out today.

Premise:

The data demonstrate that, compared to care homes operated directly by the health authority, residents who live in a subsidized care home that is operated by a contracted provider are:

- 32% more likely to be sent to the emergency department
- once at the emergency department they are 35% more likely to be admitted as an in-patient
- once admitted their length of stay is 27% longer
- their chance of not returning the private care home and being converted to an alternative level of care (ALC) patient is 41% higher
- their likelihood of dying in the hospital after being sent to the emergency department is 20% higher.

From: Anderson, Kristy GCPE:EX
Sent: Monday, July 30, 2018 3:50 PM
To: van Baarsen, Amanda HLTH:EX; Yeung, Lucinda HLTH:EX
Cc: Heinze, Laura R GCPE:EX; Lawrie, Hannah GCPE:EX; Thistle-Walker, Carlene GCPE:EX; Booth, Kristen GCPE:EX; Forbes, Brooke GCPE:EX; Li, Jessica P GCPE:EX; May, Stephen GCPE:EX; Peaker, Alex GCPE:EX
Subject: FW: IN_OSA Residential Care and Hospital Visits July 30 2018 DRAFT

Hi Amanda & Lucinda

Isobel flagged this report and release for the minister on the weekend – we have also done up a quick IN. Let me know if you have questions.

K

Kristy Anderson
Director, Communications
Ministry of Health
250-952-3387 (office) 778-678-5200 (mobile)
Kristy.Anderson@gov.bc.ca

<IN_OSA Residential Care and Hospital Visits July 30 2018 FINAL.docx>
<OSA NR_Residential Care and Hospital Visits.docx>
<OSA Report_Residential Care and Hospital Visits.docx>

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 30, 2018 10:06 AM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: FAST News Release for your Approval

Is this event actually planned for RCH in New Westminster? It has to be in Surrey^{s.13}
s.13

From: van Baarsen, Amanda HLTH:EX
Sent: Wednesday, July 25, 2018 12:03 PM
To: 'Dix, Adrian'; Dix, Adrian HLTH:EX
Subject: FAST News Release for your Approval

I understand we are doing this on Wednesday next week. Do you like the wording of this NR?

Last I heard Jinny Sims was the person slotted for the Emcee role^{s.22}
you?

That work for

For Immediate Release
[release number]
Aug. 1, 2018

Ministry of Health

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Amanda van Baarsen

Ministerial Assistant to
Hon. Adrian Dix, Minister of Health
Room 337 | Parliament Buildings, Victoria, BC | V8W 9V1
(P) 250-387-6983 (C) 778-678-3454

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 26, 2018 3:01 PM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: approval of invite for stroke, pls :)

Great

On Jul 26, 2018, at 12:50 PM, van Baarsen, Amanda HLTH:EX <Amanda.vanBaarsen@gov.bc.ca> wrote:

Afternoon!

Can you approve or provide feedback for the following invitation?

The Honourable Adrian Dix

Minister of Health

Invites you to attend an important announcement regarding
improving stroke awareness in British Columbia

10:00 a.m.
Wednesday, August 1st, 2018

CARE Clinic at Royal Columbian Hospital
330 E Columbia St, New Westminster

*To access the clinic via the main entrance from the Sherbrooke parking lot,
follow the purple hallway to green zone and take green zone elevators to
basement level.*

Turn right and follow signs down hallway to CARE clinic entrance.

Amanda van Baarsen
Ministerial Assistant to
Hon. Adrian Dix, Minister of Health

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 24, 2018 7:55 PM
To: Dycke, Kassandra HLTH:EX
Subject: Re: FURTHER UPDATE -- BCEHS News Release

Okay

On Jul 24, 2018, at 6:32 PM, Dycke, Kassandra HLTH:EX <Kassandra.Dycke@gov.bc.ca> wrote:

Sent from my Samsung Galaxy smartphone.

BCEHS apologizes, but is now saying that they need to remove reference to 24/7 (see below). There are ambulances available around the clock in case of emergency, but the two will not operate 24/7 as there were times that they were not being used and this allows them to operate during peak daytime hours.

This NR is still scheduled to go out tomorrow at 9:30am.

The increase in staffing to seven full-time paramedics will allow the station to operate two dedicated ambulances 24-7, as well as an additional ambulance operating during peak daytime demand hours.

<20180725_NR_More paramedics for Trail.docx>

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 23, 2018 11:47 AM
To: Dycke, Kassandra HLTH:EX
Subject: Re: FOR QUOTE APPROVAL -- BCEHS news release - more paramedics for Trail

Okay

From: Dycke, Kassandra HLTH:EX
Sent: Monday, July 23, 2018 9:18 AM
To: Dix, Adrian HLTH:EX
Subject: FOR QUOTE APPROVAL -- BCEHS news release - more paramedics for Trail

BCEHS news release for 9:30 a.m. on Wed for your review and quote approval. Also includes quote from Minister Conroy, to be approved.

Kassandra Dycke
Office 250-953-3584 | Cell 778-678-3776
kassandra.dycke@gov.bc.ca

New paramedic positions announced for Trail

Vancouver – BC Emergency Health Services (BCEHS) has announced the addition of three new paramedic positions and an additional ambulance to support the health of people living in Trail and the surrounding communities.

The three new positions will double Trail's full-time paramedic staff. With six full-time paramedics the station can operate two dedicated ambulances 24-7, as well as an additional ambulance operating during peak daytime demand hours.

The extra resources will also support the nearby communities of Rossland, Fruitvale and Salmo, where current on-call resources will be retained. The changes in Trail will help keep paramedic crews in their home communities, available to respond to medical 9-1-1 emergencies.

The increased resources are part of an ongoing commitment by the Ministry of Health, the Provincial Health Services Authority and BCEHS to increase the number of permanent paramedic positions and improve ambulance services in urban, rural and remote areas of B.C.

"We are committed to improving health care in smaller communities," said Health Minister Adrian Dix. "By doubling Trail's full-time paramedic staff and adding an additional ambulance, we are strengthening the emergency services the community depends on and ensuring paramedics will be there when people need them."

As part of the *BCEHS Action Plan*, the community of Trail was identified as a priority in the ongoing review of where services are most needed to improve patient care. BCEHS also recently added full-time paramedics in the neighbouring community of Castlegar, as well as in the Central Interior and Peace River region.

"Paramedic services are an increasingly important part of our integrated health care system," said Linda Lupini, executive vice president of BCEHS. "By increasing the number of full time paramedics available in the Trail area, BCEHS can better support the needs of patients and respond to the most urgent 9-1-1 calls faster."

BC paramedics benefit from these additional full-time jobs that come with regularly scheduled hours, consistent pay and benefits.

"The residents of Trail are pleased to welcome these new paramedic positions to the community," said Katrine Conroy, MLA for Kootenay West. "Having additional dedicated emergency services will improve patient care in the Trail area where high call volumes can affect emergency coverage and response times. These additions also mean more skilled jobs for the region, and better services for our aging and growing population throughout the West Kootenay region."

The new paramedic positions will be awarded based on the hiring standards in the CUPE 873 Collective Agreement with BCEHS.

BC Emergency Health Services (BCEHS) is responsible for the delivery and governance of pre-hospital emergency medical care and inter-facility patient transfer services through the BC Ambulance Service and the BC Patient Transfer Service. BCEHS is supported by the Provincial Health Services Authority (PHSA). For more information, please visit www.bcehs.ca or follow us on Twitter @BC_EHS.

The Provincial Health Services Authority (PHSA) plans, manages and evaluates selected specialty and province-wide health care services across BC, working with the five geographic health authorities to deliver province-wide solutions that improve the health of British Columbians. For more information, visit www.phsa.ca or follow us on Twitter @PHSAofBC.

-30-

For more information or to arrange an interview contact:

Shannon Miller

BCEHS Communications Officer

Phone: 604.660.2968 or PHSA Media Line: 778.867.7472

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 20, 2018 5:21 PM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: Victoria Chang Ming Pao

MD did it en route, can you let Anne know?

-LY on Md phone

> On Jul 20, 2018, at 3:48 PM, van Baarsen, Amanda HLTH:EX <Amanda.vanBaarsen@gov.bc.ca> wrote:

>

> Sorry - she said Sing Tao but her subject line says Ming Pao. I'm not actually sure which it is.

>

> -----Original Message-----

> From: van Baarsen, Amanda HLTH:EX

> Sent: Friday, July 20, 2018 3:47 PM

> To: 'Dix, Adrian'; Dix, Adrian HLTH:EX

> Subject: FW: Victoria Chang Ming Pao

>

> Hi Adrian,

>

> Anne Kang was asked by Sing Tao for comment on the Madison Lakeshore agreement.

>

> I referred her to the news release but did you want to take the interview in her place?

>

> -----Original Message-----

> From: Kang, Anne [mailto:A.Kang@leg.bc.ca]

> Sent: Friday, July 20, 2018 3:24 PM

> To: van Baarsen, Amanda HLTH:EX

> Subject: Victoria Chang Ming Pao

>

> Hi Amanda,

>

> If Minister Dix would like to respond to Victoria, here is her number^{s.22}

>

> Regarding Coquitlam workers

>

> Cheers,

> Anne

> Sent from my iPhone

Page 23 of 57 to/à Page 24 of 57

Withheld pursuant to/removed as

s.13

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 18, 2018 2:13 PM
To: Hansen, Lucy HLTH:EX
Subject: Re: Meeting with Minister Bruce Ralston & Zymeworks- Aug. 1st, Vanc.

Happy to

On Jul 18, 2018, at 1:38 PM, Hansen, Lucy HLTH:EX <Lucy.Hansen@gov.bc.ca> wrote:

Minister,

Would you like to join this meeting and site tour with Minister Ralston and Zymeworks for Wednesday **August 1st from 10:45AM – 12:00PM** at their facility's located in Vancouver at 1385 West 8th Ave.

<image001.png>

Lucy Hansen

Administrative Coordinator to the
Honourable Adrian Dix
Minister of Health &
Minister Responsible for Francophone Affairs
Direct: 250-953-3643
Office: 250-953-3547
E-mail: Lucy.Hansen@gov.bc.ca

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From: Robb, Amanda JTT:EX
Sent: Wednesday, July 18, 2018 12:34 PM
To: Hansen, Lucy HLTH:EX
Subject: Meeting with Minister Bruce Ralston & Zymeworks- Aug. 1st, Vanc.
Importance: High

Hello Lucy,

We have confirmed a meeting and site tour with Zymeworks for Wednesday **August 1st from 10:45AM – 12:00PM** at their facility's located in Vancouver at 1385 West 8th Ave.

I have been asked by Minister Ralston to extend an invite for Minister Dix to join this visit/meeting.

Please let me know if he will be available and interesting in participating.

Thank you!

Amanda Robb

Administrative Coordinator to the Honourable Bruce Ralston
Minister of Jobs, Trade and Technology

Administrative Coordinator to the Honourable George Chow
Minister of State for Trade

Room 138 | Parliament Buildings | Victoria | British Columbia | V8W 9E2
Phone: 250-387-9133 | Fax: 250-356-3000 | Email: amanda.rob主@gov.bc.ca

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van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 18, 2018 8:48 AM
To: Dycke, Kassandra HLTH:EX
Subject: Ongoing

They are opening more beds at the hospital. Will be having a discussion with them this morning.

Sent from my iPad

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 17, 2018 4:08 PM
To: Hansen, Lucy HLTH:EX
Subject: Re: UBCM Registration

Can't see an attachment

Sent from my iPad

On Jul 17, 2018, at 3:20 PM, Hansen, Lucy HLTH:EX <Lucy.Hansen@gov.bc.ca> wrote:

Good Afternoon Minister,

Just trying to get early bird registration done for UBCM can you please check off which events you would like to attend – Thuy can you please print this for Minister to review .

Lucy

<image001.png>

Lucy Hansen

Administrative Coordinator to the

Honourable Adrian Dix

Minister of Health &

Minister Responsible for Francophone Affairs

Direct: 250-953-3643

Office: 250-953-3547

E-mail: Lucy.Hansen@gov.bc.ca

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van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 16, 2018 7:24 PM
To: Hansen, Lucy HLTH:EX
Subject: Re: Colleen Fuller meeting

Sounds good

> On Jul 16, 2018, at 6:27 PM, Hansen, Lucy HLTH:EX <Lucy.Hansen@gov.bc.ca> wrote:
>
> Minister
>
> Just confirming we are still ok for the tomorrow morning meeting with Colleen Fuller at 10 am at \$15
>
> Lucy
>
> Sent from my iPhone

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 12, 2018 3:01 PM
To: Hansen, Lucy HLTH:EX
Subject: Re: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th

Sounds good

Sent from my iPad

On Jul 12, 2018, at 2:34 PM, Hansen, Lucy HLTH:EX <Lucy.Hansen@gov.bc.ca> wrote:

Minister can I arrange a quick call for tomorrow for Josh and yourself to chat just a short update.

Hi Lucy,

Thanks for getting back to me unfortunately Josh is in an all-day board meeting on July 18th that the cannot step out of.

He is hoping that Min Dix has 10 mins for a quick phone call before Sunday evening (July 15th). Is there any chance he can fit in a 10 min call with Josh before then.

Josh had a chance to brief DM Brown earlier this week so a quick call with Min Dix should be sufficient.

Let me know if he can squeeze something into this schedule.

Thanks!
Nina

Nina Gawne

Executive Assistant to Michael McCarthy, Vice President – TELUS Business Solutions West, British Columbia

TELUS Business

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510 West Georgia Street, 6th floor · Vancouver, BC, V6B 0M3

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Thank you.

From: Hansen, Lucy HLTH:EX [<mailto:Lucy.Hansen@gov.bc.ca>]
Sent: July-12-18 12:23 PM
To: Nina Gawne <NINA.GAWNE@TELUS.COM>
Subject: RE: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th

Hi Nina,

I do have some time that might work in Vancouver- July 18th @ 1:00-1:45pm would this time work?

<image001.png>

Lucy Hansen

Administrative Coordinator to the
Honourable Adrian Dix
Minister of Health &
Minister Responsible for Francophone Affairs
Direct: 250-953-3643
Office: 250-953-3547
E-mail: Lucy.Hansen@gov.bc.ca

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From: Nina Gawne [<mailto:NINA.GAWNE@telus.com>]
Sent: Thursday, July 12, 2018 8:46 AM
To: Hansen, Lucy HLTH:EX
Cc: Nina Gawne
Subject: RE: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th

Good morning Lucy,

I am sorry to bother you again!

Wondering if there are any updates on the below. Would Min Dix have time to connect with Josh on Monday, July 16th?

Many thanks!
Nina

Nina Gawne
Executive Assistant to Michael McCarthy, Vice President – TELUS Business Solutions West, British Columbia

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Thank you.

From: Nina Gawne
Sent: July-10-18 1:58 PM
To: Hansen, Lucy HLTH:EX <Lucy.Hansen@gov.bc.ca>

Cc: Nina Gawne <NINA.GAWNE@TELUS.COM>

Subject: RE: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th

Hi Lucy,

Could early next week work? July 16th I can move things around to accommodate anything after 11:00 am PT.

Thanks!

Nina

Nina Gawne

Executive Assistant to Michael McCarthy, Vice President – TELUS Business Solutions West, British Columbia

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Thank you.

From: Hansen, Lucy HLTH:EX [<mailto:Lucy.Hansen@gov.bc.ca>]

Sent: July-10-18 1:56 PM

To: Nina Gawne <NINA.GAWNE@TELUS.COM>

Subject: RE: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th

Nothing this week sorry- can we do next week??

<image001.png>

Lucy Hansen

Administrative Coordinator to the

Honourable Adrian Dix

Minister of Health &

Minister Responsible for Francophone Affairs

Direct: 250-953-3643

Office: 250-953-3547

E-mail: Lucy.Hansen@gov.bc.ca

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From: Nina Gawne [<mailto:NINA.GAWNE@telus.com>]

Sent: Tuesday, July 10, 2018 1:51 PM

To: Hansen, Lucy HLTH:EX

Cc: Nina Gawne

Subject: RE: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th

Hi Lucy,

Hope you are well today ☺ sorry to bother you again but just checking in to see if there is an update on the below.

Many thanks!

Nina

Nina Gawne

Executive Assistant to Michael McCarthy, Vice President – TELUS Business Solutions West, British Columbia

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Thank you.

From: Hansen, Lucy HLTH:EX [<mailto:Lucy.Hansen@gov.bc.ca>]

Sent: July-09-18 1:44 PM

To: Nina Gawne <NINA.GAWNE@TELUS.COM>

Subject: RE: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th

Hi Nina,

Tomorrow will not work any longer I am hoping we can find some time either for Friday or the following week.

<image001.png>

Lucy Hansen

Administrative Coordinator to the

Honourable Adrian Dix

Minister of Health &

Minister Responsible for Francophone Affairs

Direct: 250-953-3643

Office: 250-953-3547

E-mail: Lucy.Hansen@gov.bc.ca

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From: Nina Gawne [<mailto:NINA.GAWNE@telus.com>]
Sent: Monday, July 9, 2018 11:08 AM
To: Hansen, Lucy HLTH:EX
Cc: Nina Gawne
Subject: RE: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th
Importance: High

Hi Lucy,

Hope you had a good weekend.

I wanted to follow up on the below email exchange. Can you kindly advise if Min Dix is still ok to meet with Josh as scheduled tomorrow afternoon at 3 pm?

If not, can you kindly advise what alternate options there are this week?

Appreciate your help ☺

Many thanks!
Nina

Nina Gawne
Executive Assistant to Michael McCarthy, Vice President – TELUS Business Solutions West, British Columbia

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6th floor | 510 West Georgia Street
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Thank you.

From: Nina Gawne
Sent: July-06-18 12:10 PM
To: Hansen, Lucy HLTH:EX <Lucy.Hansen@gov.bc.ca>
Cc: Nina Gawne <NINA.GAWNE@TELUS.COM>
Subject: RE: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th
Importance: High

Hi Lucy,

Thanks for getting back to me.

Is there a day next week that works better for Min Dix? Josh is hoping to connect with him over the next week as the discussion is fairly urgent. Here are a few options that work for Josh next week.

- July 9th anytime between 1:00 pm – 3:30 pm or in the early evening
- July 11th at 11:00 am
- July 12th at 3:00 pm or 3:30 pm

Feel free to call me direct at 778-879-3812 and we can discuss alternate options. Josh is also happy to meet in the early evening if that works better for Min Dix.

Thanks!
Nina

Nina Gawne

Executive Assistant to Michael McCarthy, Vice President – TELUS Business Solutions West, British Columbia

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6th floor | 510 West Georgia Street
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Thank you.

-----Original Message-----

From: Hansen, Lucy HLTH:EX [<mailto:Lucy.Hansen@gov.bc.ca>]

Sent: July-06-18 11:12 AM

To: Nina Gawne <NINA.GAWNE@TELUS.COM>

Subject: Re: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th

Hi

Would it be possible to reschedule this meeting for another day.

Lucy

Sent from my iPhone

On Jul 6, 2018, at 10:29 AM, Nina Gawne

<NINA.GAWNE@telus.com<<mailto:NINA.GAWNE@telus.com>>> wrote:

Hi Lucy,

Hope this email finds you well on a Friday.

In Mehroon's absence, I just wanted to touch base and confirm the 1:1 meeting between Min. Dix and Josh which is scheduled for Tuesday, July 10th at 3:00 pm at your offices.

Josh looks forward to the meeting.

Have a great weekend!
Nina

Nina Gawne

Executive Assistant to Michael McCarthy, Vice President – TELUS Business Solutions West, British Columbia

TELUS Business

6th floor | 510 West Georgia Street
Vancouver, British Columbia

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Thank you.

From: Mehroon Kheraj
Sent: June 8, 2018 01:02 PM
To: 'Hansen, Lucy HLTH:EX' <Lucy.Hansen@gov.bc.ca><<mailto:Lucy.Hansen@gov.bc.ca>>>
Subject: Mtg with Josh Blair and Min. Dix - Tuesday, Jul 10th

Hello Lucy, it was lovely to speak with you. Thanks for the accommodating the time for the 1:1 mtg with Josh and Min. Dix. Much appreciated.

As per our conversation below are the details.

Date: Tuesday, Jul 10th
Time: 3:00pm
Location: s.15

I will tell Josh to check in with the reception desk upon arrival.

Many thanks,
Mehroon

Mehroon Kheraj

Executive Assistant to Josh Blair

TELUS Health, TELUS International and

Business Solutions West

T: 604-697-8088

C: 604-250-2428

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van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 11, 2018 11:54 AM
To: Dycke, Cassandra HLTH:EX
Subject: Re: Updated BCEHS Action Plan NR

It should link to the report directly and not to the BCEHS page.

Sent from my iPad

On Jul 11, 2018, at 11:51 AM, Dycke, Cassandra HLTH:EX <Cassandra.Dycke@gov.bc.ca> wrote:

Updated NR (with Facts and Background removed and activated link to the One Year progress report) attached for your review.

Kassandra Dycke
Office 250-953-3584 | Cell 778-678-3776
kassandra.dycke@gov.bc.ca

From: Thistle-Walker, Carlene GCPE:EX
Sent: Wednesday, July 11, 2018 11:42 AM
To: Dycke, Cassandra HLTH:EX; Anderson, Kristy GCPE:EX
Cc: Shewchuk, Chris GCPE:EX
Subject: Action Plan NR

Hi, here is the updated release to go tomorrow at 9:30 a.m.

Carlene Thistle-Walker | Communications Manager
Government Communications & Public Engagement
B.C. Ministry of Health

Tel: 250.952.1644 | Mobile: 250.812.3291 | email: carlene.thistle-walker@gov.bc.ca
<20180712_NR_Action Plan Progress Year One.docx>

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 10, 2018 3:52 PM
To: Dycke, Cassandra HLTH:EX
Subject: Re: For Review: BCEHS year one progress report

Just drop the quick facts and background on its entirety and release the report with the release

On Jul 10, 2018, at 3:49 PM, Dycke, Cassandra HLTH:EX <Cassandra.Dycke@gov.bc.ca> wrote:

You had asked this be held and not released on 3 July, and that you would review and direct, citing inaccuracies.

How would you like to proceed?

Sent from my Samsung Galaxy smartphone.

----- Original message -----

From: "Shewchuk, Chris GCPE:EX" <Chris.Shewchuk@gov.bc.ca>

Date: 2018-07-03 1:48 PM (GMT-08:00)

To: "Dycke, Cassandra HLTH:EX" <Cassandra.Dycke@gov.bc.ca>

Cc: "Anderson, Kristy GCPE:EX" <Kristy.Anderson@gov.bc.ca>, "Heinze, Laura R GCPE:EX"

<Laura.Heinze@gov.bc.ca>, "Thistle-Walker, Carlene GCPE:EX" <Carlene.ThistleWalker@gov.bc.ca>

Subject: For Review: BCEHS year one progress report

Hi Kass,

I'm pretty sure you've already seen this NR for the BCEHS Year One Report, but can you please confirm that the Minister's quote is approved?

"This first year of changes at BCEHS demonstrates our commitment to increasing the number of stable paramedic positions, and improving emergency services in urban, rural and remote areas of the province," said Health Minister Adrian Dix. "More paramedics and changes that allow BCEHS to better match resources to patients, means better care for all British Columbians."

BCEHS plans to distribute the NR tomorrow at 10:00 a.m.

Thanks!

Chris

<20180704_NR_Action Plan Progress Year One-June 27 1130.docx>

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 10, 2018 3:32 PM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: Call with Daniel

Have asked the deputy minister to reach out and have a discussion with Mr Fontaine in the next while

On Jul 10, 2018, at 10:58 AM, van Baarsen, Amanda HLTH:EX <Amanda.vanBaarsen@gov.bc.ca> wrote:

Yep.

From: Dix, Adrian HLTH:EX
Sent: Tuesday, July 10, 2018 10:57 AM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: Call with Daniel

Can you forward Mr. Klassen's note to the deputy minister with a note to the deputy to call me? I think it would be better if I didn't respond directly in light of the current conduct of the Care Providers.

Adrian

On Jul 10, 2018, at 9:34 AM, van Baarsen, Amanda HLTH:EX <Amanda.vanBaarsen@gov.bc.ca> wrote:

Can you please advise – some of Isobel's comments directly critique nothing having come out of the SSQIP \$10mil, when they've been trying to announce them since May.

From: Mike Klassen [<mailto:mklassen@bccare.ca>]
Sent: Tuesday, July 10, 2018 9:26 AM
To: van Baarsen, Amanda HLTH:EX
Subject: Call with Daniel

Hi Amanda. Daniel would like to speak to you today if possible. s.22

s.22
comments do not look anything like statements made by the Minister in the house, where he expressed his desire to be collaborative with BCCPA and the sector. We look forward to connecting as discussed in late June.

Thank you.

Mike

Mike Klassen
VP, Communications & Stakeholder Relations

BC Care Providers Association

1424-4710 Kingsway
Burnaby, BC, V5H4M2
w 604-736-4233 ext 231
c 604-377-5499
www.bccare.ca
@bccareproviders

"Strengthening Seniors Care...Together"

<image001.png>

Proud Member of

<image003.png>

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 9, 2018 1:28 PM
To: Hansen, Lucy HLTH:EX
Subject: Re: MSP Elimination Minister's Briefing

No BN attached.

Sent from my iPad

On Jul 9, 2018, at 1:21 PM, Hansen, Lucy HLTH:EX <Lucy.Hansen@gov.bc.ca> wrote:

Hi Minister,

Staff are requesting a briefing on MSP Elimination in the next week or so. They originally sent the attached BN as an update and were waiting to see whether you wanted a briefing, however it has now become somewhat time sensitive.

Staff have been asked to present an RFL to the Social Initiatives Committee in September (materials due end of August). Mark Armitage would like to confirm the policy direction with you before they proceed to having the RFL drafted.

Please let us know if you would like me to schedule this next week.
Lucy

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Withheld pursuant to/removed as

s.14

Page 44 of 57

Withheld pursuant to/removed as

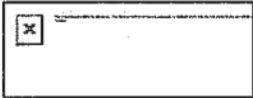
s.22

van Baarsen, Amanda HLTH:EX

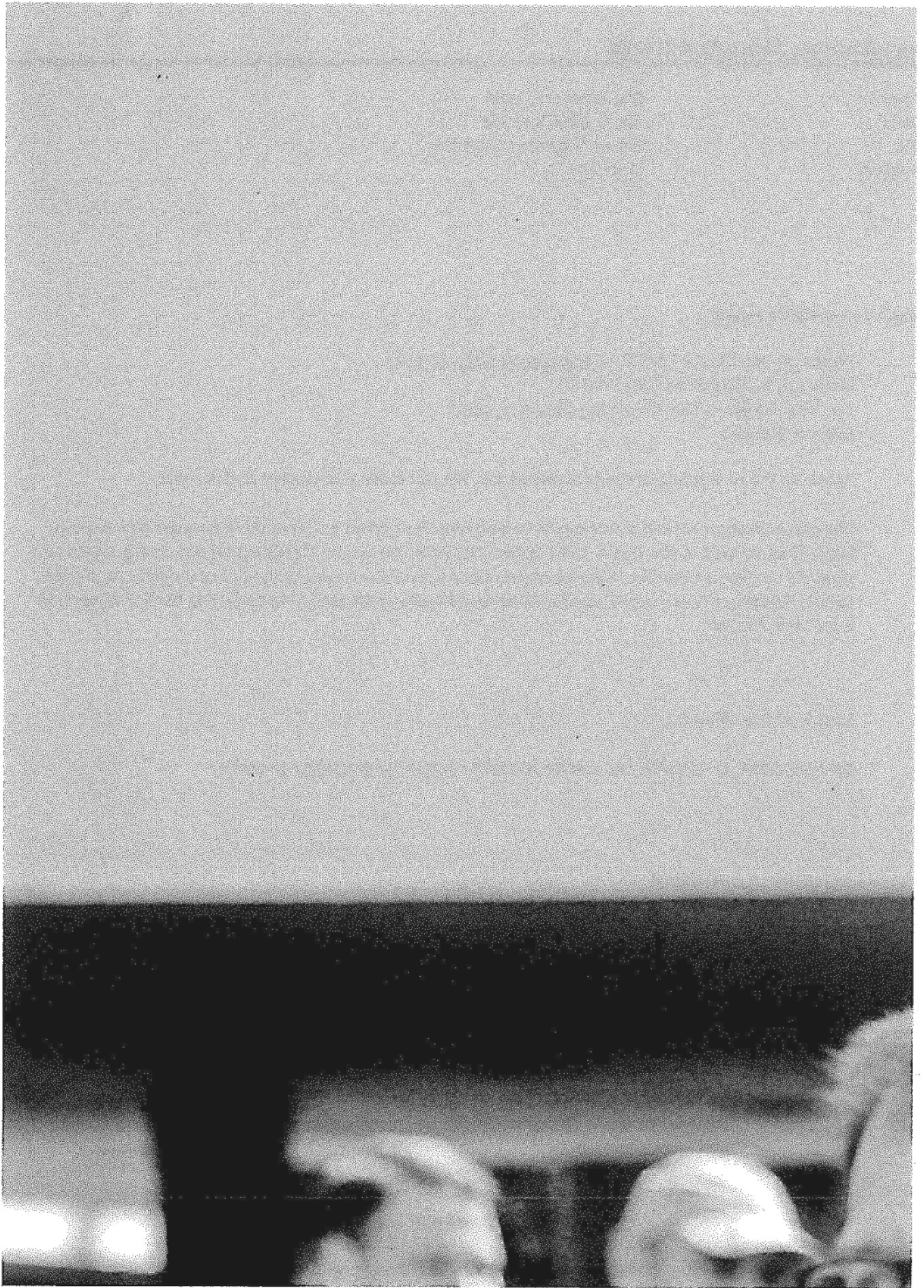
From: Dix, Adrian HLTH:EX
Sent: July 6, 2018 6:57 PM
To: s.17
Subject: Fwd: Cowichan Hospital

Hi Doug

That was fun. Thought these two photos were good for social media. You did a great job . Thank you. Adrian







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Withheld pursuant to/removed as

s.12 ; s.13

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Withheld pursuant to/removed as

s.12 ; s.13 ; s.17

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 6, 2018 2:12 PM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: Photos.

Is that all there is? Wow

On Jul 6, 2018, at 1:40 PM, van Baarsen, Amanda HLTH:EX <Amanda.vanBaarsen@gov.bc.ca> wrote:

- Just uploaded to flickr

Sent from my Samsung Galaxy smartphone.

----- Original message -----

From: "Shewchuk, Chris GCPE:EX" <Chris.Shewchuk@gov.bc.ca>
Date: 2018-07-06 1:38 PM (GMT-08:00)
To: "van Baarsen, Amanda HLTH:EX" <Amanda.vanBaarsen@gov.bc.ca>
Cc: "Anderson, Kristy GCPE:EX" <Kristy.Anderson@gov.bc.ca>, "Shepherd, Brent GCPE:EX" <Brent.Shepherd@gov.bc.ca>
Subject: FW: Photos.

Hey Amanda, we have more photos!

<https://www.flickr.com/photos/bcgovphotos/41433405670/in/dateposted-public/>

Chris

-----Original Message-----

From: Hardin, Karl GCPE:EX
Sent: Friday, July 6, 2018 1:36 PM
To: Anderson, Kristy GCPE:EX
Cc: Shewchuk, Chris GCPE:EX
Subject: Re: Photos.

Yep! Don has just posted the following on Flickr starting here:

<https://www.flickr.com/photos/bcgovphotos/41433405670/in/dateposted-public/>

With more to come soon.

--

Karl Hardin
Executive Director | Digital Communications
Government Communications and Public Engagement
Cell: (778) 584 1251

On 2018-07-06, 1:34 PM, "Anderson, Kristy GCPE:EX" <Kristy.Anderson@gov.bc.ca> wrote:

Hey Karl. Our minister is looking for photos. Do you or your team have any we can share.

Kristy Anderson
778.678.5200

van Baarsen, Amanda HLTH:EX

From: Dix, Adrian HLTH:EX
Sent: July 3, 2018 11:38 AM
To: van Baarsen, Amanda HLTH:EX
Subject: Re: the final - FW: It's official: No age restrictions on insulin pumps

Looks good post with release on both

On Jul 3, 2018, at 11:32 AM, van Baarsen, Amanda HLTH:EX <Amanda.vanBaarsen@gov.bc.ca> wrote:

Sent from my Samsung Galaxy smartphone.

----- Original message -----

From: "Shewchuk, Chris GCPE:EX" <Chris.Shewchuk@gov.bc.ca>
Date: 2018-07-03 11:31 AM (GMT-08:00)
To: "van Baarsen, Amanda HLTH:EX" <Amanda.vanBaarsen@gov.bc.ca>
Cc: "Lindstein, Sarah GCPE:EX" <Sarah.Lindstein@gov.bc.ca>
Subject: FW: the final - FW: It's official: No age restrictions on insulin pumps

Here's the link and the final!

Permalink: <https://news.gov.bc.ca/17537>

-----Original Message-----

From: Kerr, Grant GCPE:EX
Sent: Tuesday, July 3, 2018 11:29 AM
To: Plank, Sarah GCPE:EX
Cc: Stagg, Linda R GCPE:EX; McKill, Colin GCPE:EX; Shewchuk, Chris GCPE:EX; Anderson, Kristy GCPE:EX; Shepherd, Brent GCPE:EX
Subject: the final - FW: It's official: No age restrictions on insulin pumps

Webposting-only in two minutes. Your hyperlink is below. Bolding is gone.
Thank you for shopping with Editorial Services.
Grant

-----Original Message-----

From: Kerr, Grant GCPE:EX [<mailto:Grant.Kerr@gov.bc.ca>]
Sent: Tuesday, July 3, 2018 11:27 AM
To: Kerr, Grant GCPE:EX
Subject: It's official: No age restrictions on insulin pumps

Please refer to the files attached to this email. The following is the summary of the News Release

Permalink: <https://news.gov.bc.ca/17537>

News ID: NEWS-17537

NR Number: 2018HLTH0067-001323

NR Type: News You Can Use

State: Planned

Planned Release Date: July 3, 2018 at 11:30 am

Lead Organization: Ministry of Health

Headline: It's official: No age restrictions on insulin pumps

This email was auto-generated.

For Immediate Release

2018HLTH0067-001323

July 3, 2018

Ministry of Health

NEWS YOU CAN USE

It's official: No age restrictions on insulin pumps

VICTORIA - People in B.C. will have coverage of insulin pumps for Type 1 diabetes, regardless of age, following up on the initial announcement, starting Tuesday, July 3, 2018.

With this change, a financial weight has been lifted from the shoulders of students and young adults who would otherwise have to lose their insulin pump, something that may have been a part of their lives since they were children. Up to now, many people over 25 years old, who rely on an insulin pump to manage their chronic disease, have been forced to make the choice between purchasing this device for their health, or foregoing it, due to cost.

Ramya Hosak is a community leader and passionate young professional who lives with Type 1 diabetes. This announcement brings her life's work on uniting the Type 1 diabetes community into focus.

"People don't realize how important choice is for treating Type 1 diabetes. Pump or insulin injections—we need to have the ability to choose. The pumps mean so many things to the Type 1 diabetes community. People were afraid of losing theirs, due to cost, as it's been a part of their lives forever. Or people felt like the option to try a pump was removed for them, if they were diagnosed as adults and relied mostly on insulin injections. Diabetes doesn't end at age 25, so why should pump coverage? Now we have this choice and are so, so happy for it," said Hosak, who has 11 years of personal experience with diabetes.

Diagnosed at age 19, in second-year university, the diagnosis catapulted her into a world that was suddenly ruled by two things: the clock, and her blood sugar. Checking levels every two hours, trying to determine what to eat and what not to eat, when it was OK to work out at the gym and the added traditional stress of university exams all led Hosak to a conclusion: Type 1 diabetes was majorly affecting her life and it was isolating.

"I went from being a normal university student who enjoyed an active social life, going out with my friends without a second thought. Now, I suddenly had to be so careful. I felt a need to act like everything was fine and hide the toll an invisible 'full-time job' of Type 1 diabetes was having on me, mentally and emotionally. I stopped reaching out to my friends for fear of being seen as a complainer and not having a positive attitude. It gets lonely," she said. "I hear this a lot - young people at this transition stage often feel uncomfortable speaking with their doctor or parents about complex issues that arise for an adult with Type 1 diabetes - unsure as to whether they can ask their health-care professional about having a few alcoholic drinks, for example."

Hosak was determined to connect, to hear the stories of others and share her own. After completing a bachelor of science, with a focus on public health, she volunteered with the JDRC (Type 1 diabetes research and advocacy group), eventually leading their youth ambassadors program for children with diabetes (aged 10-12 years), and meeting fellow volunteer and, later, her husband, Mark Hosak, who was diagnosed at age 10 with Type 1 diabetes.

"When working with the youth ambassadors, it was so amazing to hear these kids meet with other kids who shared the same diagnosis. They told stories of bullying at school when their pumps were seen as strange, compared pump colors with each other, and it was just so normal."

Seeing how important connection was for the kids, Ramya Hosak sought out to create that for herself, and other young adults diagnosed with Type 1 diabetes.

Slowly meeting other young adults with Type 1 diabetes spurred Kosak on to co-found the community Young and T1-a social group and online presence to allow others like Ramya and her husband, Mark, to open up, be themselves, find information and share resources.

"People need a village. They need to be connected in person and online to reach as many people as possible. I'm most proud of the Young and T1 community online, who at 450-strong across the Lower Mainland, have helped members in real-time with some pretty intimate and personal questions, and with help with mental-health concerns when people are struggling to manage their chronic illness," Hosak said.

The community is not for providing medical advice. It provides real, lived experiences, hard-won from the folks who have been in the same shoes. She shared an example of a young person, recently diagnosed, who had eaten dinner and not remembered if he'd taken insulin or not. He needed help quickly. The community was able to respond within minutes online, reassuring him with similar experiences.

The Type 1 diabetes community has many unique faces and stories. Hosak is quick to emphasize that her voice is one of many. Everyone has a personal story to share about their journey with Type 1 diabetes. She's proud of the announcement, both for the impacts it will have on people living with Type 1 diabetes day to day, but most importantly, how the future will be improved by better blood sugar control through insulin-pump access, reducing the risk of serious complications for those living with Type 1 diabetes.

"Twenty years from now, our health-care system will benefit from this announcement. Isn't it a great feeling to know that from one decision, you're making a choice for a better future?" Hosak said.

Patients must meet with their diabetes physician specialist to determine whether they meet the eligibility criteria for an insulin pump.

The patient's physician would then apply to PharmaCare's special authority department for insulin pump coverage. People who are eligible for coverage are individuals who are covered under Fair PharmaCare, Plan C for B.C. income assistance, Plan F for Children in the At Home Program or Plan W for First Nations Health Benefits. They must have Type 1 diabetes or another form of diabetes requiring insulin, have confirmation from their endocrinologist that they meet the medical criteria for an insulin pump and have received special authority coverage approval.

"We have heard from many individuals diagnosed with diabetes about how insulin pumps allow them to better manage their condition and improve their quality of life, and how age-restricted coverage forced them to make the choice between purchasing it, or foregoing it due to cost," said Adrian Dix, Minister of Health.

"British Columbia is setting the stage as leaders in providing the type of care British Columbians with diabetes need. We are proud to follow through on Premier John Horgan's promise to remove age restrictions on insulin-pump coverage, so everyone who is benefiting from this device is able to continue to live their lives to the fullest."

Quick Facts:

- * British Columbia became one of only three provinces to cover insulin pumps for people living with diabetes requiring one, regardless of age.
- * Approximately 485,000 British Columbians live with diabetes. It is expected that roughly 830 adults over 25 years of age will benefit from the expansion in the first year.
- * PharmaCare covers effective therapies for the treatment and management of diabetes, including a number of

oral medications and a range of insulin products.

* In addition, PharmaCare covers insulin vials, cartridges, insulin pens and other diabetic supplies, including needles, syringes and blood-glucose test strips. Insulin pumps can range in cost from approximately \$6,000 to \$7,000, and require replacing roughly every five years.

* The anticipated cost of expanding insulin pump coverage to all eligible British Columbians, no matter their age, will be approximately \$15 million over three years.

Learn More:

To access Fair PharmaCare coverage, people can register here: gov.bc.ca/FairPharmaCare

Learn more about B.C. PharmaCare at: www.health.gov.bc.ca/pharmacare

Read about lifting age restrictions for insulin

pumps: (<http://www.health.gov.bc.ca/pharmacare>)<https://news.gov.bc.ca/releases/2018HLTH0060-001168>

For a picture of Ramya Hosak, visit: <https://flic.kr/p/K8x3uZ>

Contact:

Ministry of Health
Communications
250 952-1887 (media line)

Connect with the Province of B.C. at: <http://news.gov.bc.ca/connect>
<2018HLTH0067-001323.pdf>