

Lindsay-Baugh, Anna MMHA:EX

From: Bev Gutray <Bev.Gutray@cmha.bc.ca>
Sent: Monday, December 4, 2017 7:49 AM
To: Minister, MH MH:EX
Cc: Rebecca Zappelli; Bev Gutray; Carey Fraser - Kootenays; Christa Mullaly - Kamloops; Dawn Dunlop - Shuswap / Revelstoke; James Tousignant - Cowichan Valley; Janice Breck (janice.breck@cmha.bc.ca); Jason Harrison - Mid-Island; Julia Kaisla - North and West Vancouver; Julia Payson - Vernon; Katrina Kiefer - Port Alberni; Leah Schulting - South Okanagan Similkameen; Maureen Davis - Prince George; Michael Anhorn - Vancouver-Fraser; Shelagh Turner - Kelowna; Susann Collins - South Cariboo
Subject: Overdose Emergency Response Centre
Attachments: 2017 04 12 Min, Darcy - Overdose prevention.pdf

Dear Minister Darcy,

Please find attached our response and recommendations concerning the announcement of the new provincial Overdose and Emergency Response Centre. I look forward to meeting with you in the near future.

Sincerely,

Bev Gutray
CEO

CMHA BC

Canadian Mental Health Association, BC Division
905-1130 W. Pender Street, Vancouver, BC V6E 4A4
Direct Line: 604-629-5566
1-800-555-8222 or 604-688-3234 ext. 5566
www.cmha.bc.ca

You can learn the signs of suicide and help save a life.
Learn more at AskAboutSuicide.ca



**Canadian Mental
Health Association**
British Columbia
Mental health for all



CMHA BC is an accredited organization through Imagine Canada's Standards Program, located on the unceded territories of the Coast Salish peoples.

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**Canadian Mental
Health Association**
British Columbia
Mental health for all

**Association canadienne
pour la santé mentale**
Colombie-Britannique
La santé mentale pour tous

Dec 4, 2017

Honourable Judy Darcy
Minister of Mental Health and Addictions
Parliament Buildings
Victoria, British Columbia V8V 1X4

Dear Minister Darcy,

Dulcie McCallum
Honorary Patron

Shelagh Rogers
Honorary Patron

Margaret Trudeau
Honorary Patron

Re: Overdose Emergency Response Centre - Announcement and Terms of Reference

Congratulations on your announcement to create a provincial Overdose Emergency Response Centre at Vancouver General Hospital. I have read your announcement and reviewed the Terms of Reference and I believe there may have been an oversight in regards to the inclusion of the community-based advocacy and service sector. The Association supports and applauds the mandate of the Centre as described: "The centre will spearhead urgent action on the ground to save lives and support people with addiction toward treatment and recovery."

The Canadian Mental Health Association in BC advocates, educates and provide services and supports to people in over 100 BC communities. We work in communities and in partnership with others to address the mental health needs of the population across the lifespan. We support people who are living with a substance use problem or an addiction and their loved ones through our many housing, employment, education, peer and other rehabilitation and support programs. We have expertise specific in building and sustaining community-based services. In your description of *Essential Strategies for a Supportive Environment* you focus on the following:

- Community strategies to promote access to social and emotional supports;
- Programs that help people with lived experience build skills and experience;
- Together with Indigenous communities and organizations, ensuring services are rooted in understanding and respect and
- Action to tackle stigma and discrimination and protect human rights for people with addiction.

The Canadian Mental Health Association in BC welcomes the opportunity to work with you to accomplish the mandate of the Centre. We are able to participate at the provincial, regional and local level.

We also want to bring to your attention the valuable work of the **Community Action Initiative (CAI)**. The CAI has for years brought together a diverse table of community-based mental health and substance use organizations along with Indigenous organizations, Labour and Business to invest in expanding and building capacity in the community-based sector and in supporting Indigenous organizations to respond to local needs. The Ministry of Health has

provided significant funding to this group and this investment could be a critical pillar of support to investing in community projects in the future. The infrastructure is already in place and the processes for investment have been fine tuned. We believe that they should be included in the **Core Reference Group** and that their inclusion would be an important value add. I have included a description about them below:

“The **Community Action Initiative** provides grant and training opportunities for community-based organizations across BC to develop and deliver innovative projects that respond to the needs of individuals and families experiencing mental health and/or substance use challenges. We take a localized, collaborative approach by creating networks and encouraging dialogue within and across sectors. Our goal is to bring together diverse organizations to work to establish innovative, community-generated models for delivering mental health and/or substance use services in BC

Community Action Initiative - Overdose Prevention and Education Network

OPEN’s goal is to activate mental health and substance use (MHSU) service providers across British Columbia to respond to opioid overdoses within their communities, equip them with overdose prevention education and response tools, and ultimately reduce harm to people who use opioid drugs.”

I would welcome an opportunity to meet with you and discuss how we can provide concrete assistance to addressing this province-wide health crisis.

Sincerely,



Bev Gutray, CEO
Canadian Mental Health Association, BC Division

cc. Rebecca Zappelli, CAI

Lindsay-Baugh, Anna MMHA:EX

From: Bev Gutray <Bev.Gutray@cmha.bc.ca>
Sent: Monday, October 2, 2017 3:31 PM
To: Glynn, Keva HLTH:EX; Lynn Pelletier; Minister, MH MH:EX
Cc: Kendra Milne
Subject: Fwd: Please send me
Attachments: Bounce Back and gov't psychotherapy announcement - Oct. 2, 2017.docx

Please note that Ontario has embraced Bounce Back. Bev

Sent from my Bell Samsung device over Canada's largest network.

----- Original message -----

News Release

Ontario Improving Mental Health Services for People Across the Province

Province Also Marks Start of Construction of Major Redevelopment at CAMH

October 2, 2017 1:00 P.M.

Ministry of Health and Long-Term Care

Ontario is continuing to improve access to mental health and addictions services by expanding psychotherapy programs across the province, which will support more than 100,000 people with conditions such as anxiety and depression.

Marking the beginning of Mental Illness Awareness Week, Dr. Eric Hoskins, Minister of Health and Long-Term Care, made the announcement at the Centre for Addiction and Mental Health (CAMH) in Toronto today, where the province is also celebrating the start of construction on the redevelopment of CAMH's Queen West site. The CAMH redevelopment involves the construction of 655,000 square feet of new space, which will include 235 inpatient beds, an emergency room open 24/7, research and education facilities, as well as parks and retail space within the surrounding neighbourhood.

As part of Ontario's commitment to develop a provincewide, publicly funded psychotherapy program, the government is investing in the following proven programs, which will help more than 100,000 people treat mental health conditions such as anxiety and depression:

- In-person individual and group psychotherapy counselling programs coordinated through Ontario's four speciality mental health hospitals -- CAMH, Ontario Shores Centre for Mental Health Sciences, Royal Ottawa Health Care Group and Waypoint Centre for Mental Health Care -- in partnership with community-based providers. These programs will be provided through local primary care providers and community mental health agencies, and will also be available remotely through the Ontario Telemedicine Network.

- Bounce Back, a coaching program managed by Canadian Mental Health Association Ontario, which includes telephone support and instructional workbooks that help people learn skills to address problems related to moderate depression and anxiety.
- Online mental health self-management tools coordinated by the Ontario Telemedicine Network.

These programs will roll out across the province over the next three years. People can access these programs and other mental health supports by speaking to their primary care provider, visiting their local community mental health and addictions centre, or by contacting [ConnexOntario](#).

Ontario is increasing access to care, reducing wait times and improving the patient experience through its [Patients First Action Plan for Health Care](#) and [OHIP+: Children and Youth Pharmacare](#) - protecting health care today and into the future.

Quick Facts

- Ontario's provincial psychotherapy program – which is being developed with mental health experts, service providers and people with lived experience – will make Ontario the first province to provide publicly funded structured psychotherapy to help people with mild to moderate anxiety and depression.
- Ontario is providing additional funding of \$72.6 million over the next three years to support psychotherapy programs. This is part of the province's [\\$140 million investment](#) in mental health services over three years, which is in addition to the \$3.7 billion that Ontario invested in mental health services in 2015-16.
- These new psychotherapy programs respond to recommendations made by the provincial Mental Health and Addictions Leadership Advisory Council in its second annual report, [Moving Forward: Better Mental Health Means Better Health](#). The council was formed in 2014 and consists of representatives from diverse sectors, including mental health and addictions experts, and people with lived experience.
- Health Quality Ontario has conducted a health technology assessment on structured psychotherapy and found that it offers clinical benefit and represents good value for money whether it is provided by physicians or non-physicians, and whether it is delivered as individual or group in-person therapy.
- Mild to moderate depression and anxiety disorders are the most common mental health disorders, and counselling and therapy services such as psychotherapy have been identified as the most common reported need, which was also least likely to be met.
- Ontario is investing up to \$633 million in the expansion of the Centre for Addiction and Mental Health, providing inpatient and outpatient clinical supports for people with complex mental illness, patient and family resources, and recreation facilities.
- Ontario is making the largest infrastructure investment in hospitals, schools, public transit, roads and bridges in the province's history. To learn more about what's happening in your community, go to [Ontario.ca/BuildON](#).
- Approximately 30 per cent of people in Ontario will experience mental illness and/or substance abuse at some point in their lifetime.

Additional Resources

- [Patients First: Action Plan for Health Care](#)
- [The next phase of Open Minds, Healthy Minds: Ontario's Comprehensive Mental Health and Addictions Strategy](#)
- [Building Together](#), Ontario's long-term infrastructure plan
- [Centre for Addiction and Mental Health](#)
- [Find help for people experiencing problems with alcohol, drugs, mental health or gambling](#)

Quotes

“This exciting next step in the redevelopment of CAMH is an example of our government's commitment to improving access to high-quality mental health supports. CAMH is a nationwide leader in the mental health sector, and our government is proud to support this project which will enhance CAMH's ability to support people in our community.”

Dr. Eric Hoskins

Minister of Health and Long-Term Care

“Structured psychotherapy is an evidence-based, life-saving treatment for illnesses such as anxiety and depression. Public funding for this intervention is a major milestone toward ensuring that people with mental illness receive just and equitable access to the health care they deserve.”

Dr. Catherine Zahn

CAMH President and CEO

“The programs announced today can help the thousands of Ontarians who struggle daily with mild to moderate depression and anxiety, giving them the tools to boost their mood and improve their health and happiness.”

Camille Quenneville

CEO of Canadian Mental Health Association, Ontario

From: Camille Quenneville - CMHA, ON
Sent: Monday, October 02, 2017 5:41 PM
To: Bev Gutray
Cc: Joe Kim - CMHA, ON
Subject: RE: Please send me

Hey Joe – see below. Can you send our stuff to Bev? Bev, today there was no mention of funding. The announcement was tagged onto a pre-existing ground-breaking event for the Centre for Addiction and Mental Health. There will be a further announcement in the next while that is specific to BB and the other programs.

From: Bev Gutray [<mailto:Bev.Gutray@cmha.bc.ca>]
Sent: October-02-17 10:45 AM
To: Camille Quenneville - CMHA, ON <cquenneville@ontario.cmha.ca>
Subject: Please send me

The MOH funding announcement for BB and your media release. Bev

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