

**CORRECTIONS PROVINCIAL CORE CANTEEN LIST
2017 CANTEEN ORDER GUIDE**

Effective Date April 1st 2017

Product	Pack Size	2017 Selling Price Including All Applicable Taxes
Beverages Hot/Cold		
Pepsi	591ml bottle	\$2.19
Diet Pepsi	591ml bottle	\$2.19
7 Up	591ml bottle	\$2.19
Root beer / Orange	591ml bottle	\$2.19
Bottled Water	591ml bottle	\$2.19
All Pop and water	591ml bottle	\$2.19
Gatorade	591ml bottle	\$2.37
Cans of Pop (NCC Only)	355ml can	\$1.04
Hot Chocolate 23gr	Sachet	\$0.45
Instant Coffee	Sachet	\$0.23
Instant Coffee Folgers Clasic Roast	200 gm	\$8.56
Premium Ground Columbian Coffee (Roasters)	2.25oz	\$2.30
Folgers Traditional Ground Coffee	320gr	\$8.74
Coffee Creamer (Coffee mate)	Sachet	\$0.12
Powdered Milk	500 gr	\$11.19
Sugar Twin Diet Sugar	50 Sachet	\$1.53
Flavoured creamers individual - Irish Cream. French Vanilla	Each	\$0.20
Flavoured coffee Vanilla, Hazelnut, Irish cream	2.25 oz	\$2.27
Crystal Light Strawberry/ Kiwi /Raspberry	3 gr	\$0.54
Tang Crystals (Orange)	3x92gr	\$2.31
Tang Crystals (Grape)	3x92gr	\$2.31
Camomile Tea	20 per box	\$5.30
Lipton Green Tea	20 per box	\$5.52
Potato Chips		
BIG GRAB All Dressed	60 gr.	\$1.59
Nacho Cheese	70gr	\$1.29
All Chips Various Flavours	40 gr.	\$1.08
Cheetos Snack Cheese Puffs	40gr	\$1.08
Microwave Popcorn	99gr	\$1.24
Chocolate		
Aero	Each	\$1.55

Bounty Bar	Each	\$1.55
Caramilk Bar	Each	\$1.55
Coffee Crisp Bar	Each	\$1.55
Crunchie	Each	\$1.55
Kit Kat Bar	Each	\$1.55
Mars Bars	Each	\$1.55
Mr. Big Bar	Each	\$1.55
Reeses Peanut Butter Cups	Each	\$1.55
Oh Henry	Each	\$1.55
Snickers	Each	\$1.55
Wunderbar	Each	\$1.55
Candy Confectionery		
Dare Jelly Beans	250gr	\$2.95
Werthers Original (Bag)	180gr	\$3.44
Jolly Ranchers Asst. & Tropical	Pkt	\$1.06
Life Savers	Pkt	\$0.94
Certs Fruit/Winter	Each	\$0.75
Twizzler Licorice RED	227gr Bar	\$2.47
Ju Jubes	225gr/bag	\$2.57
Licorice Nibs Red/Black	75gr	\$1.71
Scotch Mints	225gr	\$2.79
Fishermans Friends	Pkt	\$3.00
Non Food Items		
Batteries AA 1.5v	Pkg. of 2's	\$5.05
Batteries AAA 1.5v	Pkg. of 2's	\$5.87
Playing Cards	Deck	\$4.89
Juice/Water Bottle	Each	\$5.85
Rice Cookers	Each	\$9.34
Shower Thongs - CROGS and Sandals	Pair	\$9.35
Soap Dish	Each	\$1.15
Food Container (32oz)	Each	\$1.60
Misc. Foods		
Teriyaki Sauce - Lighthouse	350ml	4.74
Stir Fry Sauce - Lighthouse	350ml	4.74
Sweet & Sour Sauce	350ml	3.72
Chocolate Oreo Cookies	350gr Pkt	4.88
Fugee O' Cookies	350gr Pkt	5.07
Ritz Bits Crackers	250gr	4.06
Cheez Whiz	10x18gr each	4.30
Nutella	375gr	6.15

Crunch & Munch	200gr	\$3.59
Dare Choc Chip Cookies	250gr	2.29
Ritz Crackers	250 gr.	4.06
Graham Crackers	400gr.	5.14
Dainty Rice	907gr	3.10
Brown Rice	905 gr	3.52
English Bay Oatmeal Raisin / Dble Choc Cookie	100gr	\$1.55
Garlic Powder / Curry Powder / Spices	58gr	2.69
Honey	500gr	6.27
Pepperoni Stick 40gr.	Each	\$2.53
Hot Sauce	9gr	\$0.10
Ketchup Individual portions	Each	0.10
Ketchup	1Lt.	7.10
J/L Kipperd Beef Teriyaki 28gr	28gr	3.10
Kellogg Pop Tarts (Strawberry)	Box of 8's	4.47
Froot Loops	275gr	8.14
Honey Nut Cheerios	330gr	5.07
Misc. Foods (cont)		0.00
Harvest Crunch	800gr	5.46
Macaroni & Cheese	225gr	2.22
Oriental Noodles Beef	85gr	0.70
Oriental Noodles Chicken Reg. & Spicy	85gr	0.70
Oriental Noodles Oriental	85gr	0.70
Mr Noodle Vegetable Cup of noodle NFPC & ACCW	64 G	1.22
Lipton Mushroom/Alfredo Side Kick	136gr.	2.70
Lipton Noodles Herb & Butter /3 cheese	136gr.	2.70
Lipton Noodles Fettuccini Alfredo/ Harvest Chick	135gr.	2.70
Peanut Butter (Large)	500gr	6.26
Kraft BBQ sauce	455ml	3.39
Soya Sauce	483ml	4.29
Soya Sauce Individual Portions	Each	0.07
Hellmanns Mayonnaise individual portions	12ml	0.25
Honey Mustard individual portions	28gr	0.23
Burritos (Bean & Cheese)	Each	1.36
Cheddar Cheese Med and Old	270gr	8.78
Pizza Pops	Each	\$1.24
Canned Meat / Fish		
Tuna (Rip & Ready)	85gr	\$2.35
Hygiene Products		
After Shave Balm	75ml	\$5.72
Alberto Hair Gel	150ml.	\$5.97

Emery Board (ACCW ONLY)	Pkt 12	\$0.83
Deodorant Lady Speed Stick (ACCW only)	45gr	\$5.03
Mennen Speedstick	70gr	\$5.98
Gillette Deodorant (Clear Gel)	85gr	\$5.24
Comb	Each	\$0.27
Crest Toothpaste	100ml Tube	\$2.60
Denture Cleaner	Tablets 40's	\$6.91
Denture Adhesive	50gr	\$8.73
Irish Spring	90gr	\$1.56
Ivory Soap	127gr Bar	\$1.30
Dove Beauty Bar	120gr	\$2.92
Lipstick (ACCW only)	Each	\$3.36
Mascara (ACCW Only)	Each	\$13.35
Foundation (ACCW Only)	Each	\$16.34
Powder Puff (ACCW Only)	Each	\$10.50
Dental Picks	Pkg 50's	\$4.42
Noxzema	70ml.	\$3.71
Hygiene Products (cont)		
Finesse Conditioner	300ml	\$4.79
Finesse Shampoo	300ml	\$4.79
Sensodyne Toothpaste	Tube	\$8.53
Brushless Shave Cream	125ml	\$4.00
Reach Medium Tooth Brush	Each	\$2.91
VCL moisturising lotion	295ml	\$6.89
Q -Tips	Pkg. 30's	\$3.32
Clearasil (Acne Cream)	18gr Tube	\$8.57
Foot Powder (Zeasorb)	50gr	\$8.77
Nail Clippers	Each	\$1.46
Lip Balm	4gr	\$1.96
Vaseline Petroleum Jelly	50gr	\$3.27
Old Spice After Hours Bodywash	355gr	\$6.01
Softsoap Citrus Body Wash	532ml	\$7.14
Coin Vending Laundry Detergent	3 x 51gr	\$1.98
Gillette Mach 3 Razor (NCC / FMCC Only)	Each	\$16.30
Gillette Mach 3 blades (NCC / FMCC Only)	Pack of 5	\$24.61
Gillette Excel Sensor Razor (NCC / FMCC Only)	Each	\$13.33
Gillette Excel Sensor Blades (NCC / FMCC Only)	Pack of 5	\$19.45
Gillette Disposable Razor (ACCW Only)	Each	\$2.78
Paper Goods & Stationery		
Pen (2'S)	2'S	\$1.36
Christmas Card	Each	\$1.30

Greetings Cards (Blank)	Each	\$1.09
Large Envelope 9 x 12	Each	\$0.53
Lined Writing Paper	Pad	\$2.40
Pencil	Each	\$0.51
Pencil Crayons	Pkg.	\$8.85
Plain Envelopes	each	\$0.11
Plain Paper	Pad	\$3.21
Stamped Envelopes	Each	\$1.40
Over the Counter Medication		
Halls Cherry/Honey Lemon/reg	Each	\$1.48
Fisherman's Friends	Bag	\$3.00
Saline Solution (Contact Lens Cleaner)	240ml. Bottle	\$18.51
Nasal Spray	15ml	\$8.21
TumsAntacid Tablets	Roll	\$0.88
Tylenol (20 per Pack)	Pack	\$2.34
A535 Rub	Tube	\$9.53
Over the Counter Medication (cont)		
Allenbury Soap	Bar	\$2.91
Motrin, Ibuprofen (12 per pack)	Pack	\$1.96
Multi Vitamins	Card of 30	\$3.52
Vitamin E Cream	120gr	\$13.82
Vitamin C	Card of 30	\$3.07
Polysporin Ointment	15gr	\$11.59
Metamucil	425gr	\$15.33
Preparation H	25gr	\$11.94
Head and Shoulders Shampoo	420ml	\$8.75
Selsun Blue Shampoo	300ml.	\$14.07
Brochophan Expectorant Cough Syrup	250ml	\$7.14
Healthy Choices		
Salted Peanuts	60gr	\$1.30
BBQ Peanuts	60gr	\$1.30
Stone Wheat Thins	300 gr. Box	\$4.35
Nestle Instant Breakfast (Chocolate)	Sachet	\$1.10
Carnation Instant Breakfast (Strawberry)	Sachet	\$1.10
Granola Bar	Each	\$0.92
Oatmeal Indiv Pkt Various Flavours	47 gm	\$0.50
Ensure Various Flavours	235ml	\$2.43
All Flavours Protein Bar	54gr	\$2.42
Premium Whey Protein Powder. (Vanila/Strawberry/Chocolate)	1Lb bag	\$14.94
Omega Whey Protein Drink	35gr	\$2.36
Nutritel Meal Replacement Bar Various Flavours	65gr	\$2.39

Munchy Mix Trail Mix	170gr	\$2.91
Expo Rainbow Mix	170gr	\$2.77
Texas Ranger Mix	170gr	\$2.77
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Effective Date: April 1, 2017		
Canteen prices are generally the same as the prices in the community, but do contain a percentage that is transferred to the Inmate Benefit Fund.		