

CORRECTIONS PROVINCIAL CORE CANTEEN LIST

2018 CANTEEN ORDER GUIDE

Effective Date April 1st, 2018

Product	Pack Size	2018 Selling Price Including All Applicable Taxes
Beverages Hot/Cold		
Pepsi	591ml bottle	\$2.22
Diet Pepsi	591ml bottle	\$2.22
7 Up	591ml bottle	\$2.22
Root beer / Orange	591ml bottle	\$2.22
Bottled Water	591ml bottle	\$2.22
Gatorade	591ml bottle	\$2.40
Cans of Pop (NCC Only)	355ml can	\$1.05
Hot Chocolate 23gr	Sachet	\$0.47
Instant Coffee	Sachet	\$0.25
Premium Ground Columbian Coffee (Roasters)	2.25oz	\$2.50
Folgers Traditional Ground Coffee	320gr	\$9.12
Coffee Creamer (Coffee mate)	Sachet	\$0.12
Powdered Milk	500 gr	\$11.25
Sugar Twin Diet Sugar	50 Sachet	\$1.92
Flavoured creamers individual - Irish Cream. French Vanilla	Each	\$0.22
Flavoured coffee Vanilla, Hazelnut, Irish cream	2.25 oz	\$2.50
Crystal Light Strawberry/ Kiwi /Raspberry	3 gr	\$0.54
Tang Crystals (Orange)	3x92gr	\$2.34
Tang Crystals (Grape)	3x92gr	\$2.34
Camomile Tea	28 per box	\$5.55
Lipton Green Tea	28 bag box	\$5.55
Potato Chips		
BIG GRAB All Dressed	60 gr.	\$1.60
Nacho Cheese	70gr	\$1.30
All Chips Various Flavours	40 gr.	\$1.10
Cheetos Snack Cheese Puffs	40gr	\$1.10
Microwave Popcorn	99gr	\$1.30
Chocolate		
Aero	Each	\$1.57
Bounty Bar	Each	\$1.57
Caramilk Bar	Each	\$1.57
Coffee Crisp Bar	Each	\$1.57
Crunchie	Each	\$1.57
Kit Kat Bar	Each	\$1.57
Mars Bars	Each	\$1.57
Mr. Big Bar	Each	\$1.57
Reeses Peanut Butter Cups	Each	\$1.57
Oh Henry	Each	\$1.57
Snickers	Each	\$1.57
Wunderbar	Each	\$1.57
Candy Confectionery		
Dare Jelly Beans	250gr	\$3.00
Werthers Original (Bag)	180gr	\$3.44
Jolly Ranchers Asst. & Tropical	Pkt	\$1.06
Life Savers	Pkt	\$0.95
Certs Fruit/Winter	Each	\$0.75
Twizzler Licorice RED	227gr Bar	\$2.50
Ju Jubes	225gr/bag	\$2.60
Licorice Nibs Red/Black	75gr	\$1.75
Scotch Mints	225gr	\$2.79

Fishermans Friends	Pkt	\$3.00
Non Food Items	Pack Size	
Batteries AA 1.5v	Pkg. of 2's	\$5.15
Batteries AAA 1.5v	Pkg. of 2's	\$5.87
Playing Cards	Deck	\$4.90
Juice/Water Bottle	Each	\$5.85
Rice Cookers	Each	\$9.40
Shower Thongs - CROGS and Sandals	Pair	\$9.50
Soap Dish	Each	\$1.15
Food Container (32oz)	Each	\$1.65
Misc. Foods	Pack Size	
Teriyaki Sauce - Lighthouse	350ml	NA
Stir Fry Sauce - Lighthouse	350ml	NA
Sweet & Sour Sauce	350ml	NA
Chocolate Oreo Cookies	350gr Pkt	\$4.88
Fugee O' Cookies	350gr Pkt	\$5.07
Ritz Bits Crackers	250gr	\$4.25
Cheez Whiz	10x18gr each	\$4.40
Nutella Coremark Item #919100	375gr	\$6.20
Crunch & Munch	200gr	\$3.59
Dare Choc Chip Cookies	250gr	\$2.29
Ritz Crackers	250 gr.	\$4.06
Graham Crackers	400gr.	\$5.15
Dainty Rice	907gr	\$3.15
Brown Rice	605 gr	\$3.52
English Bay Oatmeal Raisin / Dble Choc Cookie	100gr	\$1.55
Garlic Powder / Curry Powder	58gr	\$2.69
Honey	500gr	\$6.60
Pepperoni Stick 40gr.	Each	\$2.53
Hot Sauce	9gr	\$0.10
Ketchup Individual portions	Each	\$0.10
Ketchup	1Lt.	\$7.10
J/L Kippered Beef Teriyaki 28gr	28gr	\$3.15
Kellogg Pop Tarts (Strawberry)	Box of 8's	\$4.50
Froot Loops	345gr	\$8.14
Honey Nut Cheerios	330gr	\$5.07
Misc. Foods (cont)		
Harvest Crunch	800gr	\$5.46
Macaroni & Cheese	225gr	\$2.22
Oriental Noodles Beef	85gr	\$0.70
Oriental Noodles Chicken Reg. & Spicy	85gr	\$0.70
Oriental Noodles Oriental	85gr	\$0.70
Mr Noodle Vegetable Cup of noodle NFPC & ACCW	64 G	\$1.22
Lipton Mushroom/Alfredo Side Kick	136gr.	\$2.70
Lipton Noodles Herb & Butter /3 cheese	136gr.	\$2.70
Lipton Noodles Fettuccini Alfredo/ Harvest Chick	135gr.	\$2.70
Peanut Butter (Large)	500gr	\$6.26
Kraft BBQ sauce Coremark Item# 879668	455ml	\$3.39
Soya Sauce	483ml	\$4.29
Soya Sauce Individual Portions	Each	\$0.07
Hellmanns Mayonnaise individual portions	12ml	\$0.25
Honey Mustard individual portions	28gr	\$0.25
Burritos (Bean & Cheese)	Each	\$1.36
Cheddar Cheese Med and Old	200gr	\$8.78
Pizza Pops	Each	\$1.24
Canned Meat / Fish	Pack Size	
Tuna (Rip & Ready)	85gr	\$2.45
Hygiene Products	Pack Size	
After Shave Balm	75ml	\$5.72
Alberto Hair Gel	150ml.	\$5.97

Emery Board (ACCW ONLY)	Pkt 12	\$0.83
Deodorant Lady Speed Stick (ACCW only)	45gr	\$5.03
Mennen Speedstick	70gr	\$5.98
Gillette Deodorant (Clear Gel)	85gr	\$5.24
Comb	Each	\$0.27
Crest Toothpaste	100ml Tube	\$2.60
Denture Cleaner	Tablets 40's	\$6.91
Denture Adhesive	50gr	\$8.73
Irish Spring	90gr	\$1.56
Ivory Soap	127gr Bar	\$1.30
Dove Beauty Bar	120gr	\$2.92
Lipstick (ACCW only)	Each	\$4.49
Mascara (ACCW Only)	Each	\$13.35
Foundation (ACCW Only)	Each	\$16.34
Powder Puff (ACCW Only)	Each	\$10.50
Dental Picks	Pkg 50's	\$4.42
Noxzema	70ml.	\$3.75
Hygiene Products (cont)		
Finesse Conditioner	300ml	\$4.85
Finesse Shampoo	300ml	\$4.85
Sensodyne Toothpaste	Tube	\$8.53
Brushless Shave Cream	125ml	\$4.28
Reach Medium Tooth Brush	Each	\$2.91
VCL moisturising lotion	295ml	\$6.89
Q -Tips	Pkg. 30's	\$3.32
Clearasil (Acne Cream)	18gr Tube	\$8.57
Foot Powder (Zeasorb)	50gr	\$8.77
Nail Clippers	Each	\$1.46
Lip Balm	4gr	\$1.96
Vaseline Petroleum Jelly	50gr	\$3.27
Old Spice After Hours Bodywash	355gr	\$6.01
Softsoap Citrus Body Wash	532ml	\$7.14
Coin Vending Laundry Detergent	3 x 51gr	\$1.98
Gillette Mach 3 Razor (NCC / FMCC Only)	Each	\$16.30
Gillette Mach 3 blades (NCC / FMCC Only)	Pack of 5	\$24.61
Gillette Excel Sensor Razor (NCC / FMCC Only)	Each	\$13.33
Gillette Excel Sensor Blades (NCC / FMCC Only)	Pack of 5	\$19.45
Gillette Disposable Razor (ACCW Only)	Each	\$2.78
Paper Goods & Stationery		Pack Size
Pen (2'S)	2'S	\$1.36
Christmas Card	Each	\$1.30
Greetings Cards (Blank)	Each	\$1.09
Large Envelope 9 x 12	Each	\$0.53
Lined Writing Paper	Pad	\$2.45
Pencil	Each	\$0.51
Pencil Crayons	Pkg.	\$8.85
Plain Envelopes	each	\$0.11
Plain Paper	Pad	\$3.21
Stamped Envelopes	Each	\$1.40
Over the Counter Medication		Pack Size
Halls Cherry/Honey Lemon/reg	Each	\$1.48
Fisherman's Friends	Bag	\$3.00
Saline Solution (Contact Lens Cleaner)	240ml. Bottle	\$18.75
Nasal Spray	15ml	\$8.21
Tums Antacid Tablets	Roll	\$0.88
Tylenol (20 per Pack)	Pack	\$2.34
A535 Rub	Tube	\$9.53
Over the Counter Medication (cont)		
Allenbury Soap	100gr bar	\$2.91
Motrin, Ibuprofen (12 per pack)	Pack	\$1.96

Multi Vitamins	Card of 30	\$3.52
Vitamin E Cream	120gr	\$13.82
Vitamin C	Card of 30	\$3.07
Polysporin Ointment	15gr	\$11.59
Metamucil	425gr	\$16.25
Preparation H	25gr	\$11.94
Head and Shoulders Shampoo	420ml	\$8.75
Selsun Blue Shampoo	300ml.	\$14.07
Brochophan Expectorant Cough Syrup	250ml	\$7.14
Healthy Choices	Pack Size	
Salted Peanuts	60gr	\$1.30
BBQ Peanuts	60gr	\$1.30
Stone Wheat Thins	300 gr. Box	\$4.35
Nestle Instant Breakfast (Chocolate)	Sachet	\$1.10
Carnation Instant Breakfast (Strawberry)	Sachet	\$1.10
Granola Bar	Each	\$0.92
Oatmeal Indiv Pkt Various Flavours	380gr Sachet	\$0.50
Ensure Various Flavours	235ml	\$2.43
All Flavours Protein Bar	60gr	\$2.42
Premium Whey Protein Powder	1Lb bag	\$14.94
Omega Whey Protein Drink	30gr	\$2.36
Nutritel Meal Replacement Bar Various Flavours	60gr	\$2.39
Munchy Mix Trail Mix	170gr	\$2.91
Raw Energy mix	170gr	\$3.55
Unsalted Deluxe Nut Mix	170gr	\$3.62
Expo Rainbow Mix	170gr	\$2.77
Texas Ranger Mix	170gr	\$2.77
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Effective Date: April 1, 2018		
Canteen prices are generally the same as the prices in the community, but do contain a percentage that is transferred to the Inmate Benefit Fund.		